

DIAGNOSIS BY YIGING-HEXAGRAMS AND KINESIOLOGY

Dr. Hans Gschwender, Daumerstr. 2, D-90409 Nürnberg 1, TCM-Praxis, www.tcm-franken.de
René van Osten, Mariannenweg 48, D-61348 Bad Homburg 1, Zhandao Akademie, www.zhandao.de

1. Abstract

“Yiging” or the “Book of Change” is the oldest script of humanity containing a code of yin and yang creating a mathematical system of 4 doublets 8 trigrams resulting in 64 hexagrams. This coding-system can be adapted to various systems of knowledge among them also the genetic code. Therefore the idea came up to use hexagrams to test for diseases. Practitioners perform this by applying the most sensitive kinesiological test, the pulse-reflex described by Nogier. 60 of the 64 hexagrams can represent a disease or a group of diseases. The most frequent diseases are revealed by a positive hexagram diagnosis.

2. Introduction

Modern diagnostic procedures use expensive technical equipment, which is not affordable for many countries. The authors present a system for diagnostic procedure which can be easily learned and needs little equipment. The six lines of the hexagrams in contact with the energy-field of the body cannot distinguish between up or down readings of the same lines. Therefore, more complex figures must be created from the hexagrams to have indistinguishable patterns. This is best done by assigning the Chinese script-symbols for each hexagram. One can copy them from any “Book of Change”.

3. Materials and Methods

One can copy a complete set of the Chinese script-symbols for Yiging hexagrams from the “Book of Change”. The authors use a set of calligraphic examples by Ning Wang. Samples of Hexagrams are shown in fig. 1. One can purchase polarizing filters, preferentially square forms, in any shop for photographic material. This is all the material one needs.

One has to train the pulse-reflex described by Nogier (RAC), which most people learn very quickly. First one tests for distance, where by slightly moving a polarizing filter over the vertical axis of the body, one still can feel the pulse-reflex called Nogier Reflex. Then one puts the hexagram card upside down on the head of ones patient: it must lie above the clavicular line. If the distance of reflex inducement is not changed, it means “no reaction”. The patient does not have the disease. If the distance is less, the disease is present, and the diminution relates to its severeness. If one comes very close to the patients body the field will rotate to a maximum of 90° corresponding to the vertical axis. This is a maximum indication of a diseases severity. We defined hexagrams’ diagnostic relationship to a disease specificity by an empiric process, which is not described in this thesis. We defined 43 out of 60 possible hexagrams, which cover the most common groups of human diseases. The remaining 17 hexagrams are open for further research, probably for rare syndromes.

4. Results

The first hexagram defined was hexagram-34, the “Great Strength” standing for allergies, of all types. This method has been validated on several hundreds of patients suffering from allergies of any kind. The hexagrams were defined for very common disturbances such as pain (H-47), high blood pressure (H-06), anxiety (H-42), fatal tumors (H-12), benign tumors (H-05), and also for stem-cell- tumors (H-49), which are created by chemotherapy and X-rays used in cancer-treatment. A list of hexagrams, defined thus far, is provided in Table 1.

Some of the hexagrams show a very high correlation of a disease with a corresponding description of its hexagram. This will be the subject of a thorough investigation by Yiging specialists and TCM-doctors. These therapists use Hexagrams as a diagnostic means to determine a full range of test results that correlate

with conventional investigations such as X-ray or laboratory measurements. Hexagram diagnostics appear to be more sensitive, because in some cases the disease may already be close to the lower normal limits of laboratory testing sensitivity. Diagnostic testing specificity was extremely high, for example, for all cases of Neurodermitis as a member of the allergic disease class. It could clearly be distinguished from Psoriasis, which in practice looks very much alike. In therapy, a diminution of a disease or pain could be clearly followed independent of a patient's reaction.

5. Discussion

The diagnostic procedure presented above is easy to learn, also by non-medically trained individuals. There is little to no need for high tech equipment. Procedures can be performed at most any location without the need for an electrical connection or access to information systems. It is possible to conduct large-scale investigations on larger populations without technical equipment. A minority of patients, tested as "positive", might then be reconfirmed by conventional high-tech procedures. This diagnostic system is especially inexpensive to perform and uses easily operated equipment available in many countries to preselect their potentially diseased individuals before submitting to more complex investigations.

Table : Hexagrams defined to react with the diseases or syndroms

| | | |
|----------------------------|--------------------------------|----------------------------------|
| Hex 03: Schizophrenia | Hex 04: Obsessiveness | Hex 05: Beningn Tumors |
| Hex 06: High bloodpressure | Hex 11: Osteoporosis | Hex 12: Fatal Tumors |
| Hex 14: Arthritis urica | Hex 15: Sarcoidisis | Hex 16: Lymphadenophthy |
| Hex 17: Rheumatic diseases | Hex 18: M.Raynold | Hex 20: Basaliom |
| Hex 23: ALS | Hex 24: Psoriasis | Hex 28: Yellow or brown fatcells |
| Hex 29: Abuse all kinds | Hex 30: Blood coagulation | Hex 32: Diabetes mellitus |
| Hex 33: Tinnitus | Hex 34: Immune system, Allergy | Hex 36: Liver-function |
| Hex 37: Depression | Hex 38: Scleroderma | Hex 39. Gut-disturbancies |
| Hex 42: Anxiety | Hex 43: HIV-Infection | Hex 44: Autism |
| Hex 45: Stroke and TIA | Hex 46: M. Menière | Hex 47: Pain of all kinds |
| Hex 48: Glaucoma | Hex 49: Tumor stem cells | Hex 50: Cholesterosis |
| Hex 51: Parasitosis | Hex 52: Histaminemia | Hex 53: Gluten |
| Hex 54: Blood factor VIII | Hex 55: Epilepsy | Hex 56: Motoneuron-defect |
| Hex 57: Thyroidea-function | Hex 58: Parkinson's disease | Hex 59: Tendons |
| Hex 62: Grief and Anger | | |

Fig. 1 Examples of Hexagram calligraphic Chinese symbols



Hex 34 - Great Strength
Immune system
Allergy



Hex 12 - Congestion
Fatal Tumors



Hex 6 - Dispute
High bloodpressure

References

Theresia Altmann „Praktische Einführung in den RAC (Reflex auriculo-cardiaque)

Techau Verlag Hermann-Löns-Weg 12, 25548 Kellinghusen

ISBN: 978-3-931050-65-8

TRAITE D'AURICULOTHERAPIE (Französisch)

Gebundene Ausgabe, 3. Februar 1997 von Paul Nogier, Verlag: Maisonneuve (3. Februar 1997)

ISBN: 10-2716000107 und ISBN: 13-978-2716000109

Auriculotherapy Manual, Terry Oleson

3rd edition, 2003

ISBN: #0 443 07162 4

Introduction pratique a l auriculotherapie (Französisch)

Broschiert – 9. Februar 2000, Paul M.F. Nogier, 167 Seiten, Verlag: Maisonneuve;

Auflage: deutsch (9. Februar 2000), ISBN: 10-2716000557

Sprache: Französisch ISBN: 13-978-2716000550

The I Ching or Book of Changes

R. WILHELM, F. Baynes

Publisher: Princeton University Press; 3rd edition (October 21, 1967)

Language: English

ISBN-10: 0844295906

ISBN-13: 978-0844295909

I Ging – Das Buch vom Leben

René van Osten, Windpferd Verlag, 2000. 540 Seiten, Gebunden

ISBN: 978-3-89385-336-6